



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

Gregg L Smith, DDS

Visiting Nurse Association Of Central J
1301 Main St Ste 100
Asbury Park, NJ 07712
(732) 774-6333

Maher Hanna, DDS

Eatontown Dental Care
142 Highway 35 Ste 105
Eatontown, NJ 07724
(732) 460-9000

Veronica G Michael, DDS

Jersey Shore Dental Spa LLC
613 Hope Rd Ste 5
Eatontown, NJ 07724
(732) 770-1239

Ellen Noumi, DDS

Eatontown Dental Care
142 Highway 35 Ste 105
Eatontown, NJ 07724
(732) 460-9000

Richard C Poller, DMD

The Apprehensive Patient
37 Highway 35 Ste 6
Eatontown, NJ 07724
(732) 544-9101

Marina Dukler, DDS

Elite Dental PC
345 US Hwy 9
Englishtown, NJ 07726
(732) 462-0430

Ravneet K Nanda, DDS

Aurora Family Dentistry LLC
14 Wilson Ave Ste 4
Englishtown, NJ 07726
(732) 631-4505

Andrew H Tang, DDS

THE SMILIST DENTAL OF NEW JERS
14 County Road 520
Englishtown, NJ 07726
(732) 972-7373

Charles R Montgomery, DDS

The Relaxing Smile
505 Stillwells Corner Rd Unit C2
Freehold, NJ 07728
(732) 637-8594

Sumana Muddana, DDS

Nu Smile Family Dentistry LLC
222 South St
Freehold, NJ 07728
(732) 462-0050

Joon Seok Seok Cho, DDS

Hazlet Family Dental PA
3034 State Route 35
Hazlet, NJ 07730
(732) 264-8004

Bindu Sachdeva, DDS

One Stop Dental Of Hazlet
875 Poole Ave
Hazlet, NJ 07730
(732) 902-0000

Jacob Weichbrod, DDS

Hazlet Family Dental PA
3034 State Route 35
Hazlet, NJ 07730
(732) 264-8004

Bryan A Alban Endara, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Veronica K Girgis, DDS

MADISON DENTAL CARE PROFESSI
4632 US Highway 9
Howell, NJ 07731
(732) 370-4204

Anuj Kapadia, DDS

MADISON DENTAL CARE PROFESSI
4632 US Highway 9
Howell, NJ 07731
(732) 370-4204

Ashika Mandara, DDS

MADISON DENTAL CARE PROFESSI
4632 US Highway 9
Howell, NJ 07731
(732) 370-4204

Vivek Nijhawan, DMD

A1 Perfect Smiles PC
401 Candlewood Commons
Howell, NJ 07731
(732) 367-0202

David S Plaut, DDS

David Plaut DMD
3538 ROUTE 9 S STE 307
Howell, NJ 07731
(732) 901-4404

David Wakslak, DDS

MADISON DENTAL CARE PROFESSI
4632 US Highway 9
Howell, NJ 07731
(732) 370-4204

Merlin T Kuriakose, DDS

Keansburg Family Dental
365 Carr Ave
Keansburg, NJ 07734
(732) 945-8283

Anna Viner, DDS

Keansburg Family Dental
365 Carr Ave
Keansburg, NJ 07734
(732) 945-8283

Thomas J Driscoll, DDS

Monmouth Family Health Center Inc
335 Broadway
Long Branch, NJ 07740
(732) 475-3800

Raymond K Simmons, DDS

Monmouth Family Health Center Inc
335 Broadway
Long Branch, NJ 07740
(732) 475-3800

Khaled G Eldin, DDS

JERSEY SHORE DENTAL CENTER
1820 State Route 33 Ste 8
Neptune, NJ 07753
(732) 774-5772

Oscar Gido, DDS

Neptune Dental Care
2200 State Route 66 Ste 8
Neptune, NJ 07753
(732) 775-7800

Michael B Ginsberg, DMD

Neptune Dental Care
2200 State Route 66 Ste 8
Neptune, NJ 07753
(732) 775-7800

Patrick C Jackson, DMD

Neptune Dental Care
2200 State Route 66 Ste 8
Neptune, NJ 07753
(732) 775-7800

Allan M Kaplan, DDS

Addcare Dental
2200 State Route 66 Ste 8
Neptune, NJ 07753
(732) 775-7800

Nina Karamzadeh, DDS

Neptune Dental Care
2200 State Route 66 Ste 8
Neptune, NJ 07753
(732) 775-7800

Robert J Wind, DDS

Bright Smile a Visiting Dental Service of
3301C State Route 66 Ste 230
Neptune, NJ 07753
(201) 670-0097

Bryan A Alban Endara, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Katherine Varchenko, DMD

Aesthetic Dentistry of Jersey Shore
804 W Park Ave Bldg B Ste 2G
Ocean, NJ 07712
(732) 695-3202

Robert A Bogossian, DMD

The Perfect Smile
326 Broad St
Red Bank, NJ 07701
(732) 224-9339

Nancy Chen, DDS

The Perfect Smile
326 Broad St
Red Bank, NJ 07701
(732) 224-9339

Meghan Hernandez, DMD

BRIGHTER SMILES FAMILY DENTAL
2164 Highway 35 Bldg B
Sea Girt, NJ 08750
(732) 282-1400

Bryan J Gelfand, DDS

Bryan Gelfand
23 White St
Shrewsbury, NJ 07702
(732) 747-7730

Christine R Ragheb, DDS

Encore Dental
40 Shrewsbury Plz
Shrewsbury, NJ 07702
(732) 268-8137

Nadine Darwiche, DDS

Smiles on Broadway PC
852 Broadway
West Long Branch, NJ 07764
(732) 222-0021

Adam Hashemi, DMD

SPARQ FAMILY DENTAL LLC
121 State Route 36 Ste 100
West Long Branch, NJ 07764
(732) 222-8516

Lyubov Libman, DDS

GREAT EXPRESSIONS DENTAL CEN
67 State Route 36 Unit 1
West Long Branch, NJ 07764
(732) 571-8844

Zaki Mustacchi, DDS

SPARQ FAMILY DENTAL LLC
121 State Route 36 Ste 100
West Long Branch, NJ 07764
(732) 222-8516

Inna Silman, DDS

Smiles on Broadway PC
852 Broadway
West Long Branch, NJ 07764
(732) 222-0021

Pediatric Dentistry

Jocelyn Jeffries, DDS

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Britni L Kearns, DMD

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Onoyom O Onyile, DDS

Shore Children S Dental Care
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Binni P Patel, DMD

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Ghazaleh Sayah, DDS

Shore Children S Dental Care
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Irvin B Sherman, DDS

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Jason Vincent Tesoriero, DDS

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Shakila S Ziashakeri, DDS

SHORE CHILDREN'S DENTAL CARE
514 Garfield Ave
Avon by the Sea, NJ 07717
(732) 775-1492

Justin S Dinowitz, DDS

Ocean Pediatric Dental Associates LL
211 W Millstream Rd
Cream Ridge, NJ 08514
(609) 758-9595

Victoria J Roeder, DDS

Ocean Pediatric Dental Associates LL
211 W Millstream Rd
Cream Ridge, NJ 08514
(609) 758-9595

Elisa J Velazquez, DDS

Ocean Pediatric Dental Associates LL
211 W Millstream Rd
Cream Ridge, NJ 08514
(609) 758-9595

Danny Chiang, DDS

My First Dentist
59 County Road 520
Englishtown, NJ 07726
(732) 972-2990

Rose Ann Habib Chiang, DMD

My First Dentist
59 County Road 520
Englishtown, NJ 07726
(732) 972-2990

Scott Michels, DDS

Tender Smiles 4 Kids Monmouth
122 Professional View Dr Fl 2
Freehold, NJ 07728
(732) 625-8080

Liya Ostrow, DDS

Tender Smiles 4 Kids Monmouth
122 Professional View Dr Fl 2
Freehold, NJ 07728
(732) 625-8080

Maxim Sulla, DDS

Tender Smiles 4 Kids Monmouth
122 Professional View Dr Bldg 100
Freehold, NJ 07728
(732) 625-8080

Min Jung Kim, DDS

Hazlet Family Dental PA
3034 State Route 35
Hazlet, NJ 07730
(732) 264-8004

Glenn J Marie, DDS

Hazlet Family Dental PA
3034 State Route 35
Hazlet, NJ 07730
(732) 264-8004

Jayati C Bhattacharyya, DDS

Tots To Teens
702 N Beers St Ste 3
Holmdel, NJ 07733
(732) 739-3535

Joana M Brown, DDS

Tots To Teens
702 N Beers St Ste 3
Holmdel, NJ 07733
(732) 739-3535

Amy Lin, DDS

Tots To Teens
702 N Beers St Ste 3
Holmdel, NJ 07733
(732) 739-3535

Christina A Becco, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Christina M Belgrave, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Jennifer Dobzanski, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Siranjit Kaur, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Philip K Lee, DMD

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Glenn J Marie, DDS

Dental Specialties of Monmouth County
4562 US Highway 9 Ste B
Howell, NJ 07731
(732) 474-6500

Daniel Peikes, DMD

Dental Specialties of Monmouth County
4562 US Highway 9 Ste B
Howell, NJ 07731
(732) 474-6500

Jimmy Shak, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

David Tarrab, DDS

Dental Specialties of Monmouth County
4562 US Highway 9 Ste B
Howell, NJ 07731
(732) 474-6500

Pablo Trillo, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Jonathan S Waltner, DDS

Dental Specialties Of Monmouth Count
4562 US Highway 9 Ste B
Howell, NJ 07731
(732) 474-6500

Donn H Winokur, DDS

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Jenna C Winokur, DMD

DENTISTRY FOR CHILDREN
5315 US Highway 9
Howell, NJ 07731
(732) 378-9990

Glenn J Marie, DDS

Keansburg Family Dental
365 Carr Ave
Keansburg, NJ 07734
(732) 945-8283

Rishi Verma, DDS

Star Pediatric Dentistry
120 Craig Rd Ste 3
Manalapan, NJ 07726
(732) 303-7827

Jocelyn Jeffries, DDS

SHORE CHILDREN'S DENTAL CARE
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Britni L Kearns, DMD

SHORE CHILDREN'S DENTAL CARE
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Onoyom O Onyile, DDS

Shore Children S Dental Care
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Ghazaleh Sayah, DDS

Shore Children S Dental Care
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Irvin B Sherman, DDS

SHORE CHILDREN'S DENTAL CARE
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Jason Vincent Tesoriero, DDS

SHORE CHILDREN'S DENTAL CARE
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

Shakila S Ziashakeri, DDS

SHORE CHILDREN'S DENTAL CARE
28 Union Ave
Manasquan, NJ 08736
(732) 775-1492

David Tarrab, DDS

Aberdeen Family Dental PA
1077 State Route 34 Ste J
Matawan, NJ 07747
(732) 441-3600

Jason Vincent Tesoriero, DDS

ACORN PEDIATRIC DENTAL LLC
1161 State Route 35
Middletown, NJ 07748
(732) 852-9200

Christina A Becco, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Christina M Belgrave, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Jennifer Dobzanski, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Philip K Lee, DMD

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Jimmy Shak, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Pablo Trillo, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Donn H Winokur, DDS

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Jenna C Winokur, DMD

DENTISTRY FOR CHILDREN
1944 Corlies Ave Unit 101 B
Neptune City, NJ 07753
(732) 776-3560

Richard A Gindi, DMD

Richard A Gindi
167 Monmouth Rd
Oakhurst, NJ 07755
(732) 531-0071

Liya Ostrow, DDS

Tender Smiles Of Ocean
105 Berkeley Ave
Ocean, NJ 07712
(732) 774-7008

Maxim Sulla, DDS

Tender Smiles Of Ocean
105 Berkeley Ave
Ocean, NJ 07712
(732) 774-7008

George J Dierna, DDS

Childrens Dental Center Of Monmouth
2 Apple Farm Rd
Red Bank, NJ 07701
(732) 671-1266

Brett R Wohlstetter, DDS

Childrens Dental Center Of Monmouth
2 Apple Farm Rd
Red Bank, NJ 07701
(732) 671-1266

Bryan M Graye, DMD

Shrewsbury Pediatric Dentistry
167 Avenue at the Cmn Ste 16
Shrewsbury, NJ 07702
(732) 544-0050

Jocelyn Jeffries, DDS

Sycamore Smiles Pediatric Dentistry LL
1029 Sycamore Ave
Tinton Falls, NJ 07724
(732) 963-8680

Britni L Kearns, DMD

Sycamore Smiles Pediatric Dentistry LL
1029 Sycamore Ave
Tinton Falls, NJ 07724
(732) 963-8680